

## Publications

Valuable resources for individuals and families, clergy, chaplains, caring committees and resource libraries in community organizations, medical settings and synagogues dealing with illness, loss and bereavement.

### SPECIAL OFFERS

#### From NCJH

Purchase our three spiritual companions, *Guide Me Along the Way*, *With Sweetness from The Rock* and *Jewish Spiritual Companion for Medical Treatments*, for **\$32.00**.

#### From BCCC

- Purchase two of our films, *The Act of Visiting* and *Turn to Me* with accompanying study guides, for **\$42.00**.
- Purchase the Keynotes from 2011 and 2012 for a **limited time special** of **\$10** total.

### NCJH - NATIONAL CENTER FOR JEWISH HEALING



40 pages  
\$6.00

***A Leader's Guide to Services and Prayers of Healing.*** A helpful guide to some of the central practical issues involved in planning and running a service of healing,

whether it be free-standing or incorporated into a traditional service. Sample service included.



8 panel back-to-back folding card, \$2.00 each; for bulk order prices, see p. 6

**Evening and Morning: A Circle of Prayer.** A beautiful bikkur holim card, containing traditional prayers to say at bedtime and upon awakening, transforming moments of anxiety into comfort and reassurance and giving expression to vulnerability, fear, hope and gratitude. Includes introductions, original Hebrew, moving translations and selected transliterations.



**Guide Me Along the Way: A Jewish Spiritual Companion for Surgery,**  
by Rabbi Simkha Y. Weintraub, LCSW with Rabbi Aaron M. Lever. A Jewish guidebook with poetry, prayers, folktales, personal narratives, practical advice, healing activities and meditations to help patients, family members, clergy and health care professionals through the surgery experience, from leaving home to the year anniversary of an operation.

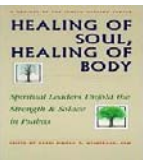
60 pages  
\$11.95

60 pages  
\$11.95

**Healing of Soul, Healing of Body: Spiritual Leaders Unfold The Strength And Solace In Psalms.**

Edited by Rabbi Simkha Y. Weintraub, LCSW.

(Jewish Lights 1994). A source of solace for those who are facing illness, as well as those who care for them. These Psalms and the inspiring commentaries that accompany them offer an anchor of spiritual support.



115 pages  
\$16.99

**Jewish Spiritual Companion for Medical Treatments.**

This superb booklet includes modern and traditional Jewish resources as well as the voices of fellow travelers, intertwined with contemporary

insights on health and healing. A collaborative project of the Twin Cities Jewish Healing Program, JFCS of Minneapolis, MN and the National Center for Jewish Healing.



68 pages  
\$12.95



6 panel back-to-back folding card, \$1.50ea, see pg 6 for bulk prices

**Mi Sheberakh Card.**

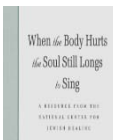
An artfully designed card with a short introduction and full Hebrew text; it offers separate masculine and feminine transliteration accompanied by an English translation on an attractive fold-over card, small enough to fit in your pocket.



Each issue is 8-12 pages in length. Full set for \$40.00

**The Outstretched Arm.**

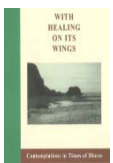
Each issue contains articles that explore the healing dimensions from a variety of diverse voices and a broad range of personal challenges. Articles cover a range of topics including teachings relating to the theme of the issue, personal journeys of healing, rituals, wise sayings, Torah commentary, community resources and publications, and updates from the healing network. (See pg. 5)



12 pages  
\$4.00

**When the Body Hurts the Soul Still Longs to Sing.**

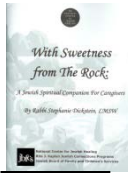
A prayer booklet of heartfelt blessings for times of illness, written by Jewish laywomen. A loving gift for anyone needing spiritual uplift in the midst of illness.



56 pages  
\$11.95

**With Healing on Its Wings.**

Masorti Publications, London. A healing collage of selections from the Shabbat and weekday liturgy, Genesis, Psalms, Talmud, medieval and contemporary Jewish literature.



***With Sweetness from The Rock: A Jewish Spiritual Companion For Caregivers.*** By Rabbi Stephanie Dickstein, LMSW

47 pages  
\$11.95

This book is a companion for caregivers who are helping ill or frail family members and friends. It offers spiritual support drawn from Jewish tradition, ancient and modern texts, and the experience of fellow travelers.

For other free downloads, visit us at [www.jbfc.org/ncjh](http://www.jbfc.org/ncjh)

**BCCC - RABBI ISAAC N. TRAININ BIKUR CHOLIM COORDINATING COUNCIL**



***The Act of Visiting.***  
This training video dramatizes visiting in 3 different settings: a private home, nursing home, and hospital. With stop-action

the video pauses and questions are presented on screen for viewers to consider how they might respond in the given situation. A 6 page leader's guide accompanies this video with all the questions and suggested responses for each question.



***Good Company.***  
A comic book providing a fun easy and way to introduce or deepen appreciation for bikur cholim. A great gift for yourself, visitors, patients, family

10 pages; full color; \$3.95 each; for bulk prices, see p.7

members, clergy, health care professionals, and students (everyone).



***Bikur Cholim Joke Book.***  
A collection of humor that will lighten your hearts and spirits. Laughter is a gift, and humor can be a tool to

14 pages, download for FREE from [jbfc.org/bikurcholim](http://jbfc.org/bikurcholim) or purchase for \$3.00.

use for yourself or to enrich another person.



***A Guide to Good Company***  
A new, free guide designed in comic format provides suggested instructions

4 pages, download for FREE from [jbfc.org/bikurcholim](http://jbfc.org/bikurcholim)

when using the comic book for training.



***Chug Bikur Cholim***  
**A Student Manual and Pointers for Teachers**

Download for FREE from [jbfc.org/bikurcholim](http://jbfc.org/bikurcholim) or purchase both for \$3.00.

Two primers, offering dos and don'ts, hints for visiting special populations, guidelines to keep in mind when planning a student bikur cholim program.

*Student Manual - 13 pages, Pointers for Teachers - 3 pages.*



**Keynote Presentations from 25th Annual Bikur Cholim Conference**  
Rabbi Benjamin Blech, an Internationally recognized educator, Recipient of the American Educator of the

2 hours, \$10.00

Year award. Rabbi Blech has been featured on The Oprah Winfrey Show, 20/20, and Nightline, and is a prolific author.



### Keynote Presentation from 26th Annual Bikur Cholim Conference

2 hour,  
\$10.00

Keynote speeches by Rabbi Daniel Coleman and Israela Meyerstein on "Renew a Steadfast Spirit Within Me." Panel Presentation by Jed A. Levine, Alan Magill, and Chavie Glustein.



### Keynote Presentation from 27th Anniversary Bikur Cholim Conference

2 hours,  
\$10.00

Keynote speeches by Rabbi Simcha Lefkowitz, Rabbi Alfredo Borodowski, and Rabbi Simkha Y. Weintraub, LCSW on "When the Healer Needs Healing."



### *I Am My Brother's Keeper*, by Rabbi Dr. Solomon L. Willinger.

This guide, written by the Jewish Chaplain at Brooklyn Development Center, provides information and explores issues concerning the care of the Jewish developmentally disabled and their families.

15 pages,  
\$4.00



### *Telephone Visiting Manual*.

The ubiquitous telephone! How many of us have gotten calls that lift out spirits or warm our hearts? With forethought and skill

27 pages, download for FREE from [jbfc.org/bikurcholim](http://jbfc.org/bikurcholim) or purchase for \$6.00

the telephone can be used for bikur cholim in a meaningful and efficient way. This manual offers a sampling of models for telephone visiting programs from around the country and provides helpful skills and tips for performing bikur cholim by phone.



12 pages,  
\$3.00

*The Shiv'ah Visit*, by Rabbi Reuven P. Bulka. Published in response to many national inquiries, this comprehensive pamphlet discusses such topics as the best time to visit a mourner, listening before talking, what to do and what to avoid during a Shiv'ah visit.



27 Min,  
\$18.00-  
personal  
\$36- Org

*Turn To Me*. This film is about the mitzvah of bikur cholim- the act of visiting the sick. This documentary focuses on three life stories and the commentary of Professor Elie Wiesel and Rabbi Tsvi Blanchard. We come to recognize that small acts of kindness, commitment, and gestures of caring, benefit those who visit and the person who we visit.



112 pages,  
available in  
English,  
Hebrew or  
Russian.  
\$18.00.

### *Yad L'Yad: A Training Manual for Bikur Cholim Volunteers*.

Synagogues, social work agencies and Volunteer leaders in twenty-five states and over one hundred cities in the United States and Canada have purchased this manual.

For other free downloads, visit us at [www.jbfc.org/bikurcholim](http://www.jbfc.org/bikurcholim)

## The Outstretched Arms

Title	Year	Printed/ Copied	Single Price	Copies	Total Amount
A Loss Worthy Of Grief	Fall 2010	Printed	\$1.50		
Addiction, Recovery, and Jewish Healing	Summer 2008	Printed	\$1.50		
Shabbat and Healing	Summer 2006	Printed	\$1.50		
Shavu'ot and Healing	Spring 2005	Printed	\$1.50		
The Crisis of Divorce	Spring 2004	Printed	\$1.50		
Caretaking	Winter 2002	Printed	\$1.50		
Jewish Principles of Care for the Dying	Winter 2001	Printed	\$1.50		
Forgiveness and Healing	Fall 2000	Printed	\$1.50		
The Masks of Purim	Fall 2000	Printed	\$1.50		
A Counting Hallel for Hanukkah	Winter 1999	Printed	\$1.50		
Black Fire Upon White Fire	Fall 1999	Printed	\$1.50		
What Are The Questions?	Spring 1999	Printed	\$1.50		
Sukkot	Fall 1998	Printed	\$1.50		
Counting the Omer	Spring 1998	Copied	\$1.00		
Rosh HaShannah: New Beginnings	Fall 1997	Printed	\$1.50		
Lahma Anya: Bread of Affliction	Spring 1997	Printed	\$1.50		
Great Miracles: Eight Healing from/for Hanukkah	Fall 1996	Copied	\$1.00		
Rafaeinu 1996	Spring 1996	Printed	\$1.50		
A Journey Into Healing	Fall 1995	Printed	\$1.50		
A Passover Journal	Spring 1995	Printed	\$1.50		
Completing the Circle	Fall 1994	Copied	\$1.00		
Feasting for Freedom: The Unasked Question	Spring 1994	Copied	\$1.00		
To Heal the World: To Heal Ourselves	Fall 1993	Printed	\$1.50		
Letters To (and From!) God	Winter 1992	Copied	\$1.00		
Sukkot: Redemption, the Harvest, and Healing	Fall 1992	Printed	\$1.50		
The Haggadah and Healing	Spring 1992	Copied	\$1.00		
Drawing the Map	Fall 1991	Copied	\$1.00		
<b>Complete bound set</b>			<b>\$40.00</b>		
		<b>Total</b>			

**Prices:** Some issues of the OA have been sold out. Therefore, we have photocopied versions available. Those are noted above as *Copied*.

**Printed:** \$1.50/ea. or \$1.00/ea. for 10+  
**Copied:** \$1.00/ea. or \$.75/ea. for 10+

	Price	Quantity	Cost
<i><b>National Center for Jewish Healing</b></i>			
A Leader's Guide to Services	\$ 6.00 each		
Evening and Morning: A Circle of Prayer	\$ 2.00 each * 50+ \$1.50 each * 100+ \$1.25 each * 1000+ \$1.00 each		
Guide Me Along the Way...	\$11.95 each * 10+ \$10.00 each		
Healing of Soul, Healing of Body	\$16.99 each		
Jewish Spiritual Companion for Medical Treatment	\$12.95 * 10+ \$11.00 each		
Mi Sheberakh Card	\$ 1.50 each * 10+ \$1.00 each * 25+ \$.75 each * 100+ \$.30 each		
The Outstretched Arm	See previous page		
When the Body Hurts, The Soul Still Longs to Sing	\$ 4.00 each * 10+ \$3.25 each * 50+ \$2.75 each		
With Healing on Its Wings	\$11.95		
With Sweetness from The Rock	\$11.95 * 10+ \$11.00 each		

	Price	Quantity	Cost
<b><i>Bikur Cholim Coordinating Council</i></b>			
The Act of Visiting	\$10.00		
Bikur Cholim Joke Book	\$3.00		
Chug Bikur Cholim: A Student Manual and Pointers for Teachers	\$3.00		
25th Annual Bikur Cholim Conference Keynote Presentation	\$10.00		
26th Annual Bikur Cholim Conference Keynote Presentation	\$10.00		
27th Annual Bikur Cholim Conference Keynote Presentation	\$10.00		
Good Company	\$3.95 each (includes S&H) * 10+ \$2.95 each * 25+ \$2.50 each * 50+ \$2.00 each		
I Am My Brother's Keeper	\$4.00		
The Shiv'ah Visit	\$3.00		
Telephone Visiting Manual	\$6.00		
Turn to Me (DVD or VHS)	\$18.00 for Individual use, \$36.00 for Organizational use		
Yad L'Yad: A Training Manual (available in Eng.; Heb.; Rus.)	\$18.00		
<b>Special Offers:</b> ___ NCJH guides	\$32.00		
___ BCCC films	\$42.00		
___ BCCC Keynote	\$10.00		
<b>Shipping and Handling</b> For orders up to \$30, S&H = <b>\$2.75</b>  For orders between \$30 and \$100, S&H = <b>\$5.00</b>  For orders over \$100, S&H = <b>\$10.00</b>	<b><i>Subtotal</i></b>		
	<b><i>S&amp;H</i></b>		
	<b><i>Total</i></b>		

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