



INFANT, CHILD AND FAMILY INSTITUTE

Enhancing knowledge of infant and childhood mental health and well-being concepts.



INFANT, CHILD AND FAMILY INSTITUTE

Provides workshops, seminars and lectures on cutting edge knowledge within the infant, child, and family field

The Institute will provide workshops, seminars and lectures on cutting edge knowledge within the infant, child, and family field. While the Institute will focus on social emotional development and mental health, many of our infant and child development offerings will be of interest to non-clinicians as well, both to those in direct service and in administrative positions.

In addition, the Institute can tailor a workshop to meet the needs of a clinic, childcare center, school, or other child-focused system.

Professionals with an interest in the infant mental health endorsement system that is coming to New York State are encouraged to contact us with questions.



INFANT, CHILD AND FAMILY INSTITUTE

Courses and Course Schedules

TBA	Attachment Theory and Parent-Child Relationship
TBA	Observing the Whole Baby
TBA	Welcoming Babies and Toddlers in a Therapeutic Play Environment
TBA	Developmental and Trauma Screening for Children Birth-Five
TBA	Trauma-Informed Child-Parent Psychotherapy
TBA	Cognitive-Behavioral Play Therapy Techniques
TBA	Impact of Trauma on Infants and Caregiving Relationships

Foundations in Growth: Development Series

This series includes typical infant and toddler development with a special emphasis on the social-emotional foundations for healthy growth. The courses in this series will cover the interconnected lines of development, highlighting how attachment relationships, self-regulation, communication, play and emotions mature over time. An overview of psychodynamic concepts and the developmental effects of psychopathology will also be provided. The series will begin with a framework of developmental modules, progress to important concepts in infant and early childhood mental health, and introduce relationship assessment and interventions. This series offers an essential foundation for those interested in direct intervention with young children and families, and in mental health consultation to programs designed for birth to five-year-olds.

Attachment Theory and Parent-Child Relationship Development

Attachment theory will be the cornerstone for this course. The class will examine how relationships between parents and young children come into being, how they develop within the context of family and community, and how different environments either nurture and promote, or challenge and impinge on relationships. The course will use video and case vignettes to help participants increase their parent-child observation skills and to promote the development of clinical thinking and case formulation. Participants are encouraged to bring their own case material for classroom discussion.

TBA | \$270 | CE Hours: 6

Infant and Early Childhood Development Observing the Whole Baby

Infant development occurs in a caregiving environment; how and with whom the infant masters mile-

stones is as important as what the infant does. This foundational workshop begins with the who, what, where, when and how you see a baby, and progresses to choosing language to describe the information you gather. Learning to work with infants entails honing these close observation skills as well as understanding expectable developmental milestones. We will cover an overview of growth within the framework of social emotional environments.

TBA | \$270 | CE Hours: 6

Welcoming Babies in a Therapeutic Play Environment

This foundational workshop will provide guidelines to making a baby-friendly play space where parents and their children feel welcome and free to explore play themes. We will learn about the space and toys conducive to expressive play, guidelines to observing and supporting play, and basic skills for narrating and documenting play and behavior. The morning session will be appropriate for both direct service practitioners and administrators, while the afternoon will focus on the direct clinical work with a young child, family, or dyad.

TBA | \$270 | CE Hours: 6

Developmental and Trauma Screening for Children Birth-Five

Part 1—Developmental Assessments

This workshop will review developmental milestones for infants, toddlers and young children, and introduce participants to using selected developmental screening measures. Among those presented, we will focus specifically on the Ages and Stages Questionnaire, the Ages and Stages Questionnaire: Social-Emotional, and the Child Behavior Checklist.

TBA | \$135 | CE Hours: 3

Part 2—Trauma Screening and Observation

This second topic will focus on trauma screens for infants and young children that are completed with a parent or caregiver, such as the Traumatic Events Screening Inventory for Children (TESI-C). Clinical assessment techniques will include consideration of the infant’s or young child’s behavioral symptoms that may be identified as arising from trauma.

TBA | \$135 | CE Hours: 3

Part 3—Guidance Tools

The third topic in this series will provide an overview of developmental resources that are readily available to professionals and to parents, guidelines for choosing an appropriate resource for families, and practice implementing the resource.

TBA | \$135 | CE Hours: 3

Intervention

Trauma-Informed Child-Parent Psychotherapy (Agency-Based Training Only)

Child-Parent Psychotherapy (CPP) is an intervention model for children aged 0-5 who have experienced at least one traumatic event (e.g. maltreatment, the sudden or traumatic death of someone close, a serious accident, sexual abuse, exposure to domestic violence, etc.) and/or behavioral problems, including post-traumatic stress disorder (PTSD). The treatment is based in attachment theory but also integrates psychodynamic, developmental, trauma, social learning, and cognitive behavioral theories. Therapeutic sessions include the child and parent or primary caregiver. A goal of CPP is to support and strengthen the relationship between a child and a caregiver as the vehicle for restoring the child’s sense of safety, attachment

security, and appropriate affect. Treatment will also work towards improving the child’s cognitive, behavioral, and social functioning, and focus on contextual factors that may affect the caregiver-child relationship, such as cultural norms and socioeconomic and immigration-related stressors.

Cost Per Agency Contract | CE Hours: 42

Cognitive-Behavioral Play Therapy Techniques

This workshop is for clinicians treating children who are unable to benefit from therapies that require them to talk about their problems. Cognitive behavioral play therapy helps children develop more adaptive thoughts and coping strategies through the modality of play. The training teaches providers the theoretical framework of CBT and how it can be used with children of different ages through play. Participants will be able to identify emotional and behavioral dysregulation, understand the theory behind cognitive-behavioral play therapy interventions, and be able to design cognitive-behavioral play therapy interventions tailored to their clients’ developmental level, interests, strengths, and areas of dysfunction.

TBA | \$270 | CE Hours: 6

Science and Policy

The Impact of Trauma on Infants and Caregiving Relationships

This workshop will introduce human service personnel to the stunting effects of acute trauma, chronic trauma or toxic stress, and environmental stressors, and demonstrate why complex trauma is particularly injurious to infants and young children.

TBA | \$135 | CE Hours: 3

PAYMENT, REFUND AND CANCELLATION POLICY

The following policy applies to all MKSEI courses and events. For questions please contact MKSEI at 212.632.4624 before registering for the course or event.

PAYMENT

Participants can elect to enroll in the full certificate program, Parts 1 or 2, or any individual course.

Loss and Bereavement Certificate Program

- Full Program = \$576 (20% savings)
- Part 1 = \$306 (15% savings)
- Part 2 = \$306 (15% savings)

Individual course fee listed below course description

Full or partial certificate program: Payment for enrollment in the full or partial certificate program is due one week before the first course date and accepted by credit card by phone or in person, or by check in person. Payment for enrollment in an individual course can be paid in advance or on the course date by credit card or check.

REFUNDS

Loss and Bereavement Certificate Program

Full or partial certificate program:

MKSEI must receive notice of cancellation one week before the first course date by email to SeligInstitute@jbfcs.org. A full refund will be provided when cancellations are received at least one week before the first course date. For cancellations received prior to 48 hours of the first course date but less than one week before the first course date, participants will be refunded 75% of payment. 50% of payment will be refunded for cancellations received within 48 hours of the first course date. No refunds will be offered for any registered persons who do not attend and do not give notice of cancellation.

Individual courses:

Cancellation requests submitted in writing to SeligInstitute@jbfcs.org at least five business days before the start of the workshop will receive a full refund. For cancellations received prior to 48 hours of the first course date but less than one week before the first course date, participants will be refunded 75% of payment. 50% of payment will be refunded for cancellations received within 48 hours of the first course date. No refunds will be offered for any registered persons who do not attend and do not give notice of cancellation.

**Jewish Board of Family
and Children's Services**

**Martha K. Selig Educational Institute
135 West 50th Street
6th Floor
New York, NY 10020**

**Phone: 212.632.4624
SeligInstitute@jbfcs.org**

JewishBoard.org