



THE LEV INITIATIVE

THE FOUR *SILENT* QUESTIONS

The four *silent* questions you may wonder every night...

1. If it is not physical, can it really be abusive?
2. If they have been together for decades, can it really be abuse?
3. If they are being abused, why didn't they tell someone?
4. If it is so bad, why don't they leave?

Domestic abuse is a pattern of coercive control, including psychological, emotional, religious, financial, sexual, or physical abuse. Domestic abuse happens to young and old, religious and secular, couples and large families, and in every neighborhood. Victims can feel embarrassed and scared, and they may be afraid to ask for help. They may also not know who to tell, where to find help, or believe they can get to safety.

And, even if we are all scholars or wise, and especially if we are safe and know what is right, it is our responsibility to break the silence!

Visit us at jewishboard.org or contact us confidentially by emailing lev@jbfcs.org or calling 646-273-1800.



MAKOM SHALOM
A Network Supporting Safe Relationships
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Since 2022, **Lev Initiative at the Jewish Board**, a proud **UJA-Makom Shalom** partner, provides care for victims and survivors of domestic abuse every day.